

How to handle the problems of Life

Isa 5:8 Woe unto them that join house to house, that lay field to field, till there be no place, that they may be placed alone in the midst of the earth! Sound like America today?

Alone: There is a need in our lives to get alone sometime. It is good therapy to get ones sanity back. All work and no play makes Jack a dull boy!

I wish to survive spiritually, and not end up shipwrecked somewhere along the way. And the best ways I know how to do that is Stay in the Book; Stay on your knees; and keep your eyes upon the Lord!

*1 Peter 5:5-11 Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resisteth the proud, and giveth grace to the humble. 6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: 7 **Casting all your care upon him; for he careth for you.** 8 Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: 9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. 10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you. 11 To him be glory and dominion for ever and ever. Amen.*

Humility is essential. Get rid of your pride. Everywhere in the Bible that pride is mention, it is in a negative light. Pride is “God repellent.”

Vs. 6, Submit yourselves in what circumstances you are under, to God. “Thy will be done...”

There is still hope in God!

Vs. 7, We forget to do this, don't we? Get alone with God and place all your burdens, all your cares, and all your troubles upon Jesus.

When is the last time that you got away, and alone with God? When was the last time you took a break away from your job, your spouse, and away from the children?

And let me say this; your kids don't want or need all the toys you give them in life. They just want to spend time with you.

CASTING: I'm told that Dr. John R. Rice would literally, get a pen and paper, and make a list of all the burdens that weighed heavy upon his heart, give it to God, tear it up and throw it out!
(It sure beats Prozac and sleeping pills!)

Casting means “throwing or sending out.” Cut the line! We have little to no strength, power or ability to solve these problems ourselves. Another way to look at it, from a Dr's perspective, is that of a cast that is placed on a leg or an arm, which supports or holds in place things that are broken!

All: Def. (Whole quantity, or the whole number of particulars. Wholly, completely, entirely.)

How long has it been since you knelt down and spoken to Him about everything? Have you ever prayed and tried to finish because you are in a hurry and the Lord reminds you of more things that you need to talk to him about?

Have you ever woken up at 2 or 3 am. and felt the need to pray? Just stay there until you have brought “ALL” to Him.

Have you ever fallen asleep praying? That's all right, God thought you were boring too!

YOUR: Def. “belonging to you.”

I can and will pray for you, but YOU are the one that needs to bring it and place it on the Lord.

We must quit leaning on other people's spirituality. You must take the responsibility!

When you are sick, and desire a visit or are in need of prayer it is YOUR responsibility to make that request known.

James 5:13-16 Is any among you afflicted? let him pray. Is any merry? let him sing psalms. Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the

name of the Lord: And the prayer of faith shall save the sick, and the Lord shall raise him up; and if he have committed sins, they shall be forgiven him. Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

CARES: Def. Concerns, worries, anxieties, troubles,

About the children, you're spouse, the finances, ones health concerns, automobile problems, education, employer, or employee situations, job, your needs in general!

Phil 4:19 But my God shall supply all your need according to his riches in glory by Christ Jesus.

UPON HIM: Def. Resting, standing, supported or in dependence on Him.

I'm glad today, I'm thankful, that I have a place to go, someone who really cares, and someone who can really do something about my problems, my burdens, and my situation. I'm not inclined to write to Dear Abby, or call Dr. Laura!

Talk to the Lord about it. If you don't do it, you may not survive, you will lose your joy as a Christian.

Why? **FOR HE CARETH FOR YOU!**

The creator of all things cares for you. There is nobody more powerful, nobody more knowledgeable, there is nobody more loving and caring than our Heavenly Father!

The phyciatrist doesn't care... You can talk to him all you want at \$50.00 an hour.

The bartender doesn't care... He's just listening, and lending an ear hoping you will be a big tipper.

The taxicab driver doesn't care and the local barber could give a flip as well!

Why don't you go to the one who really cares for you and can make a difference in your life?

Job 7:17-18 What is man, that thou shouldest magnify him? and that thou shouldest set thine heart upon him? And that thou shouldest visit him every morning, and try him every moment?

Ps 8:4 What is man, that thou art mindful of him? and the son of man, that thou visitest him?

Ps 144:3 LORD, what is man, that thou takest knowledge of him!

Ps 139:17-18 How precious also are thy thoughts unto me, O God! how great is the sum of them! If I should count them, they are more in number than the sand: when I awake, I am still with thee.

Lester Roloff, a great man of God in time past said, concerning getting alone with God, "This world is an insane asylum run buy the inmates. You need to come apart, before you come apart!"

Burdens can be very heavy and hard to deal with. They can be like the snow in Buffalo, NY. Snowflakes can be light and fluffy looking, and not even be considered a problem or even noticeable. But try seven feet of it in three days! It can become a disaster!

The greatest medicine we can ever have is prayer. My family and I had a physician in Rochester, who was a Christian. I guess the one thing about him most that I appreciated is that we would always start our Dr's visit with a time of prayer.

Why is it the last resort instead of the first thing we ought to do when we find ourselves in trouble?

Get alone with God: Pour your heart out to Him. Don't hold anything back.

Matt 6:6-8 But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. 7 But when ye pray,

use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. 8 Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

Realize that you are not alone:

Heb 13:5 I will never leave thee, nor forsake thee.

Matt 28:20 I am with you always, even unto the end of the world. Amen.

Rom. 11:2-4 Wot ye not what the scripture saith of Elias? how he maketh intercession to God against Israel, saying, 3 Lord, they have killed thy prophets, and digged down thine altars; and I am left alone, and they seek my life. 4 But what saith the answer of God unto him? I have reserved to myself seven thousand men, who have not bowed the knee to the image of Baal.

Remember, there are always others that are going through the same struggles that you are, and that God's grace is sufficient to meet every need.

2 Cor 12:9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness.

Our text said:

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